GROSSMONT COLLEGE
CARDIOVASCULAR TECHNOLOGY PROGRAM

STANDARD PHYSICAL REQUIREMENTS FOR CLINICAL TRAINING

INTRODUCTION - The following are the Standard Physical Requirements for working in the clinical environment as a student in the Cardiovascular Technology Program at Grossmont College. These requirements were established as a result of a survey of clinical affiliates that provide training to our students, and should be used as a guide to you and your physician.

PHYSICAL REQUIREMENTS

A.   Lift While Standing - Light to Moderate - Less than 50 pounds - Frequent

B.   Lift While Sitting -   Light - Under 25 pounds - Frequent

C.   Lift With Assistance - Heavy   - Over 50 pounds (Patient Transfer, etc.) - Occasionally/Frequently

D.   Pushing - Heavy - Over 50 pounds - Frequent

E.   Pulling - Heavy - Over 50 pounds - Frequent

F.   Reaching (Full Extension - Elbow Flexion) At shoulder level - Occasional/Frequent

G.   Reaching (Full Extension - Elbow Flexion) Above shoulder level - Occasional/Frequent

H.   Standing for extended periods   - Frequent

I.   Standing for extended periods with radiation protective device (CVT Invasive Track) - Frequent

J.   Sitting for prolonged periods   - Frequent

K.   Walking (Moderate distances within clinical environment) - Frequent

L.   Carrying - Light to Moderate - Less than 50 pounds - Occasional

M.   Bending - Occasional

N.   Stooping - Occasional

O.   Kneeling - Occasional

P.   Turning - Frequent

Q.   Hand Manipulation (Hand controls, simple grasping, power grasping, fine manipulation) - Frequently

R.   Operate Foot Controls - Frequent

S.   Visual Requirements - Ability to observe alarms, indicators and patient physical appearance.
         Ability to recognize and respond to safety issues.

T.   Auditory Requirements - Ability to hear and understand orders from a physician or supervising
         technologist. Ability to hear safety alarms and respond appropriately.

I have read and understand these requirements, and I am physically capable of fulfilling them in the clinical setting.

Student Name: (Please Print) _____

Student Signature: _____ Date: _____